Supplementary material BMJ Open

SUPPLEMENT III

Fear of Weight Gain

Please check the box that best describes how often you worry about each of the following items.

	Never	Rarely	Sometimes	Often	Almos Alway
1. I worry about gaining weight	<u> </u>	1	3	З	4
I worry that my diabetic treatment makes me gain weight	О	1	3	3	4
3. I worry about not being able to stabilise my weight	o	1	З	3	4