

**Online Supplementary Materials**

Appendix I: search strategy for Medline (OVID)

Appendix II: data extraction chart

**Appendix I: search strategy for Medline (OVID)**

1. exp Pregnancy/
2. Pregnant Women/
3. exp Diabetes, Gestational/
4. (pregnan\* or gestational\* or maternal\* or maternity).ti,ab,kw.
5. 1 or 2 or 3 or 4
6. breast milk expression/
7. ((antenatal\* or before birth\* or prenatal) adj5 (breastmilk\* or breast milk\* or colostrum or (milk adj2 express\*))).ti,ab,kw.
8. 6 or 7
9. 5 and 8

Results: 140 references retrieved

**Appendix II: data extraction chart**

<b>Bibliometric Details</b>	
Study Title	
Study Authors	
Year of Publication	
Study Journal	
Study citation details (volume, issue, pages, doi)	
<b>Study Design</b>	
Type of study	
Country where the study was conducted	
Objective(s)	
Setting	
Study Population(s)	
Study Period	
Outcome measure(s)	
<b>Methods</b>	
Data collection method(s)	
Intervention	
Timing of intervention	
Method of antenatal BME applied	
Instructed frequency of antenatal BME	
Collection and/or storage of colostrum/breastmilk?	
Comparator	
Main findings	