

Supplemental Material 2- Feasibility questionnaires

For parents and caregivers	
Feasibility measure	Questions
Willingness to participate in an RCT*	<p><i>Would you (or would you recommend that others) participate in a study that investigates the effectiveness of the Sports Stars and PREP interventions?</i></p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No Why: _____</p>
Acceptability of random allocation	<p><i>Your child was allocated to the XX group of this study (Sports Stars or Sport Stars + PREP), did satisfied with this allocation? (Asked after the intervention)</i></p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> No preference</p>
Possible contamination between the groups	<p><i>Have you talked to other participants in this study about the intervention they are receiving?</i></p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>If so:</p> <p><i>Did your attitude towards the intervention change after talking to one of the participants in the other group?</i></p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><i>Are any of the participants in the other group aware of the type of intervention you were receiving in this study?</i></p> <p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>
Treatment satisfaction	<p><i>Detailed in the next pages</i></p>
Difficulty in understanding the intervention being provided	<p><i>How easy or difficult do you think it was for your child to understand the instructions given by the therapists during the Sports Stars activities?</i></p> <p><input type="checkbox"/> Very easy, <input type="checkbox"/> Easy, <input type="checkbox"/> Neither easy nor difficult <input type="checkbox"/> Difficult <input type="checkbox"/> Very difficult</p> <p><i>How easy or difficult was it for you and your child to understand the instructions given by the therapists during the PREP intervention?</i></p> <p><input type="checkbox"/> Very easy, <input type="checkbox"/> Easy, <input type="checkbox"/> Neither easy nor difficult <input type="checkbox"/> Difficult <input type="checkbox"/> Very difficult</p>
<p><i>*Considering that the recruitment strategy is convenience sampling, the rate of willingness to participate in an RCT will not be calculated. Instead, the reasons for non-participation will be reported.</i></p>	

For the research assistant	
Feasibility measure	Questions
Eligibility and recruitment	<i>How many participants were screened for this study? How many of them were eligible? How many consented to participate? How many refused to participate? Why?</i>
Acceptability of screening procedures	<i>Were there any difficulties or challenges in screening and recruiting participants last week? () Yes () No In the case of affirmative answers: 2) What were the difficulties and challenges?</i>
Feasibility of evaluating outcomes	<i>What percentage of data was missing at each assessment timepoint (baseline, post-intervention and follow-up)?</i>
For the blinded assessor	
Feasibility of assessor blinding	<i>Did you receive any information indicating to which group a participant was assigned? () Yes () No If yes, how many participants did this occur for?</i>
Data collected from attendance records	
Intervention adherence	<i>What percentage of enrolled children completed the intervention? How many individual's were absent during the 8-week intervention? How many total absences occurred? What were the reasons for absences?</i>
For the intervention therapist	
Implementation resources	<i>What resources were necessary to conduct Sports Stars? What resources were necessary to conduct PREP? Did you have difficulty accessing resources to provide either intervention?</i>

Satisfaction questionnaire for the Sports Stars group.

Satisfaction of children	Did not like	I liked it a little	Really enjoyed
What is your level of satisfaction about			
Intervention time (08:00am to 09:00am).			
The duration of the intervention (1 hour per session).			
The period of the intervention (8 weeks).			
The total amount of intervention (8 hours)			
The place where the interventions took place (for example: the location of the court, the size of the court, the cleanliness of the bathrooms, among others).			
The materials used during the activities (for example: balls, cones, disks, baskets, among others).			
The practice of modified sports (for example: the activities developed; the interaction and participation between your child, the other participants and the therapists, the objectives of the activities, the formation of teams, among others).			
The practice of activities to be done with other children (for example: doing the relay races, the activities in pairs of throwing and receiving a ball, and during the practice of the modified sport, among others).			
The therapists' interaction with you and your child (for example: the way they instruct you about the activities; the way they talk to your child before, during and after the interventions; among others).			
The way in which the therapist adapted the Sports Stars activities according to what your child was able to do (for example: when the therapist made the activity difficult if it was easy, or when he facilitated the activity when it was difficult, among others).			
The interaction between your child and the other children (for example: the communication between them and the other children during the intervention, the support between them during the activities).			
Your child's current skill level (in soccer, handball, basketball and athletics) when compared to before the intervention (for example: how far they can bounce a ball today compared to before the project, among others).			

Adapted from Feitosa et al.³³

Satisfaction questionnaire for the Sports Stars + PREP group.

Satisfaction of children

Did not like I liked it a little Really enjoyed

What is your level of satisfaction about

Intervention time (08:00am to 10:00am).

The duration of the intervention (2 hours per session [PREP= 1 hour; Sports Stars = 1 hour]).

The period of the intervention (8 weeks).

The place where the interventions took place (for example: the location of the court, the size of the court, the cleanliness of the bathrooms, among others).

The materials used during the activities (for example: balls, cones, disks, baskets, among others).

The practice of modified sports (for example: the activities developed; the interaction and participation between your child, the other participants and the therapists, the objectives of the activities, the formation of teams, among others)

The practice of activities to be done with other children (for example: doing the relay races, the activities in pairs of throwing and receiving a ball, and during the practice of the modified sport, among others).

The therapists' interaction with you and your child (for example: the way they instruct you about the activities; the way they talk to your child before, during and after the interventions; among others).

The way in which the therapist adapted the Sports Stars activities according to what your child was able to do (for example: when the therapist made the activity difficult if it was easy, or when they facilitated the activity when it was difficult, among others).

The therapist's ability to guide/assist you in planning and implementing strategies to overcome environmental barriers that limit your child's participation (during the PREP intervention)

The interaction between your child and the other children (for example: the communication between them and the other children during the intervention, the support between them during the activities).

The child's current skill level (in soccer, handball, basketball and athletics) when compared to before the intervention (for example: how far they can bounce a ball today compared to before the project, among others).

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