

**Supplementary file 5. Mini-checklist (MiChe)**

MiChe items	Description	Assessment options
1. Identification of key recommendations and comprehensibility	The guideline is organized in such a way that it is generally easy to understand, and the key recommendations are easy to identify.	Yes To some extent No
2. Specification of the guideline's target audiences and scope	The target users are clearly defined, as are the target situations in which the guideline is to be applied.	Yes To some extent No
3. Specification of the objectives and the target population	The background and purpose of the guideline and the patients for whom it is to be applied are clearly defined.	Yes To some extent No
4. Independence and potential conflicts of interests	The developers of the guideline are all identified by name. Their conflicts of interest are declared, and the financial independence of the guideline issuing body is documented	Yes To some extent No
5. Systematic search for evidence and selection criteria	The search for evidence was performed systematically, and the criteria for the selection of evidence are described.	Yes To some extent No
6. Unambiguity of recommendation	The recommendations are clear, and their derivation from the evidence is explicit	Yes To some extent No
7. Different treatment options according to potential benefits, side effects and risks	Multiple management options are presented with a discussion of their utility, side effects, and risks	Yes To some extent No
8. Information on update procedures	The date of issuance of the guideline and its expiration date are clearly indicated	Yes To some extent No
Overall assessment	Likert scale	From 1 (very good) to 7 (very poor)
Recommendation for further use		Yes Yes, with certain reservation no

Translated and adapted from Semlitsch T, Jeitler K, Kopp IB, Siebenhofer A. Entwicklung einer praktikablen Mini-Checkliste zur Bewertung der methodischen Leitlinienqualität. Zeitschrift für Evidenz, Fortbildung und Qualität im Gesundheitswesen. 2014;108(5–6):299–312.