

Summary statistics for condition-specific outcomes at each time point overall and by allocated group.

		Allocation											
		Control (N = 2)				Intervention (N = 5)				Total (N = 7)			
Variable	Time-point	N	Median	Min	Max	N	Median	Min	Max	N	Median	Min	Max
BPI - worst pain	Baseline	2	8.5	[8.0,	9.0]	3	8.0	[4.0,	9.0]	5	8.0	[4.0,	9.0]
	6-months	2	7.5	[7.0,	8.0]	2	6.0	[4.0,	8.0]	4	7.5	[4.0,	8.0]
	9-months	2	8.0	[8.0,	8.0]	2	6.0	[3.0,	9.0]	4	8.0	[3.0,	9.0]
BPI - least pain	Baseline	2	5.0	[4.0,	6.0]	3	3.0	[1.0,	7.0]	5	4.0	[1.0,	7.0]
	6-months	2	4.0	[4.0,	4.0]	2	4.0	[1.0,	7.0]	4	4.0	[1.0,	7.0]
	9-months	2	4.5	[3.0,	6.0]	2	4.0	[1.0,	7.0]	4	4.5	[1.0,	7.0]
BPI - average pain	Baseline	2	7.0	[6.0,	8.0]	3	5.0	[1.0,	7.0]	5	6.0	[1.0,	8.0]
	6-months	2	6.5	[6.0,	7.0]	2	5.0	[3.0,	7.0]	4	6.5	[3.0,	7.0]
	9-months	2	6.0	[5.0,	7.0]	2	4.5	[2.0,	7.0]	4	6.0	[2.0,	7.0]
BPI - pain now	Baseline	2	6.5	[5.0,	8.0]	3	6.0	[2.0,	7.0]	5	6.0	[2.0,	8.0]
	6-months	2	5.5	[5.0,	6.0]	2	5.5	[4.0,	7.0]	4	5.5	[4.0,	7.0]
	9-months	2	7.0	[6.0,	8.0]	2	5.0	[1.0,	9.0]	4	7.0	[1.0,	9.0]
MSIS-physical score	Baseline	0				2	42.0	[38.0,	46.0]				
	6-months	0				2	37.0	[36.0,	38.0]				
	9-months	0				1		39.0					
MSIS-psychological score	Baseline	0				2	30.5	[30.0,	31.0]				
	6-months	0				2	18.0	[7.0,	11.0]				
	9-months	0				1		22.0					

Legend: BPI, Brief Pain Inventory; MSIS, Multiple Sclerosis Impact Scale-29v2